

Further Resources: A List Recommended by Maribel Steel Keynote Speaker

2021 AVRT Conference – Sweet Opportunities for Success

Secrets of living with blindness on Disability Dynamics UK

Maribel Steel and Penny Melville Brown briefly discuss Maribel's 7 principles to living well with vision loss

<https://youtu.be/cX8dvHsuamE>.

Living Mindfully with Vision Loss (40 mins Youtube)

<https://www.youtube.com/watch?v=HnHr3bROWJ0>

Vision Loss and Solving Problems, Part One

Linda Fugate on VisionAware explores Five Steps in the ADAPT Method

<https://visionaware.org/blog/visually-impaired-now-what/vision-loss-and-solving-problems-part-one/>

Break Away From Negative Thoughts & Experience Life

Kip Hollister explores moving beyond our limitations

<https://worldimproving.com/tv.asp?v=1925&s=w&c=drm1&p=h&id=16928>

Podcasts — MojoCrowe:

Ben Crowe talking about the importance of self-compassion, connection and purpose

<https://www.mojocrowe.com/media/podcasts>

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Blindness for Beginners: a renewed vision of the possible on Amazon

<https://www.amazon.com/dp/0987446126>